

# Kyabje Khensur Kangurwa Rinpoche Foundation

HOLDER OF THE LINEAGE OF THE TRANSLATED WORDS OF THE BUDDHA (KANGYURWA)

## TIBETAN SPONSORSHIP SCHEMES

Newsletter August 2017

### PERPETUAL INVESTMENTS a simple way to sponsor!!

I am very excited by the position 54 sponsees are in because their sponsors have contributed \$3,000.00 to Perpetual Investments. Each Perpetual sponsee currently has \$1003.00 balance in their account. This will cover them for the next eight years and that is without any more dividends from Perpetual, which is almost impossible. For more information on how this works please see page 4 .

### WE NOW OFFER GROUP PERPETUAL SPONSORSHIP

If you want to send \$300 and go into a group of 10; or send \$600.00 and go into a group of 5; or send \$1000.00 and go into a group of 3, when we reach the target of \$3,000.00 a monk will be sponsored in perpetuity on behalf of the group you are in.

There are now a number of people who pay extra into their account, and when this reaches \$3,000.00 their monk will be sponsored in Perpetuity. One lady has been doing this for some years and now has 8 in Perpetuity!!!



**Founder: Kyabje Khensur Kangur  
Lobsang Thubten Rinpoche**

### THANK YOU !!!!!

I cannot say enough how grateful I am to the sponsors of this scheme who support Tibetans in India and Tibet. Without your help, their lives would be much more difficult. Because of financial support, many lay Tibetans have been educated far beyond what could have been achieved without support. The benefit for Monks and Nuns is enormous for their spiritual education, their health and they can concentrate on teachings because they are not so concerned about day to day living expenses.

Thank you, thank you, Tenzin (Nawang Thubten) TSS Administrator



“ The best way to help Tibetans is through the education of our children”

His Holiness 14th Dalai Lama

Melbourne 2007

**You, or your relatives and friends, might like to do just this, by sponsoring children from Gyalten Charity School (Page 2). The aim of the scheme is to provide breakfast for all the children and staff through our program. If there are funds remaining, this is used by the Headmaster, Gyalten Rinpoche, for whatever is needed at the time. This could be building repairs or additions; books; stationary; tables; chairs; etc. Sponsoring a child at this school for the benefit of all the children in the school and not for an individual.**

***Thank you to those very kind sponsors, who are already sponsoring Gyaltsen School in Tibet.***

Last year we sent two receipts out, one in January and one July each for the previous six months. Some sponsors sent emails to say this was a great initiative as they can more easily see if they are behind or not. It is easier for the scheme to manage six monthly, and is a good way for us to communicate with you. Please Note: WE ARE NO LONGER ABLE TO POST RECEIPTS NOR THE NEWSLETTER BECAUSE OF THE INCREASED COST OF POSTAGE. We apologise to sponsors who do not have internet and encourage them to use the internet of family or friends.

## MONKS AT SERA MONASTERY, INDIA



59, because of the increasingly oppressive communist occupation of Tibet, Kyabje Khensur Rinpoche followed the exiled spiritual leader of Tibetan Buddhism, His Holiness Dalai Lama, into India. Within a few

short years, over 6,000 monasteries were destroyed, including Sera Monastery, the most famous and largest in Tibet at that time. Many thousands of monks and nuns were imprisoned, suffering extreme torture in an attempt by communist dictators to annihilate Buddhism and its followers. As the genocide of Tibetans continues to this very day, some still manage to escape and find a haven and future in the re-established Sera monastery in Southern India.

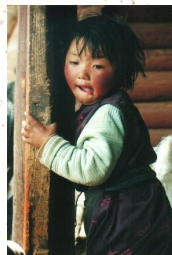
## LAY TIBETANS IN INDIA

Almost all the Lay Tibetans on our scheme live in camps and villages surrounding Sera Monastery. Most of the recipients are children, and mostly from parents who fled Tibet in the exodus of 1959. Often one of these parents are working (mostly farmers), however, wages are very low, and so sponsorship money is mostly



used for extra food, medicines and a better education for their children. Some of the children are orphans and have made the horrendous trek over the Himalayas to India, in the hope of having a better life.

Their parents agonize over this horrific decision to keep their children in Tibet and suffer the consequences of that, or give them a chance for a better future in India.



This Charity School in East Tibet was founded in 1994 to provide education for the poor rural Tibetan children in the area. The school is financed entirely by funds raised by the founder, Gyalten Rinpoche and is free to the students. There is an emphasis on equal opportunity for both genders, and prepares students for trade or higher study. After traveling up to 2 hours to get there, they can

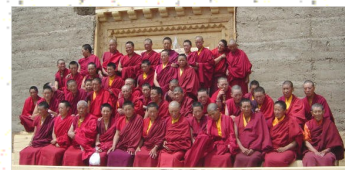
only be provided with a mug of tea at lunch time. Through help from the sponsorship scheme, we have established a Breakfast Fund, to give

some sustenance for the arduous day ahead for these children. The most urgent need though, is electricity for lighting and heating as the buildings are of mud and straw, with large gaps in the windows and doors, allowing the freezing winds to blow through.



Sponsorship in Tibet is shared by all the Nuns in the Nunneries and the Headmaster uses sponsorship donations for all the children in Gyalten Chariry School.

## NYAGYE NUNNERY, TIBET



Nyagye Nunnery was established in 1458. It was destroyed in 1952 during the Cultural revolution and invasion by communist Chinese. It was rebuilt in 1984. It is up a high mountain and almost inaccessible. There are 68 desperately poor nuns, and everything they need is supplied by their families.



## NUNS IN INDIA First Nuns of Janchub Choeling

In 1980 His Holiness Dalai Lama, whose vision included the preservation of Tibetan culture and heritage, recommended the building of a nunnery which would foster philosophical education and training in Mungod, India. There are now 165 nuns living at Jangchub Choeling Nunnery.



*Sponsoring children at Gyalten School means that you are helping every child presently in the school and those students who come in the future. The Headmaster, Gyalten Rinpoche, receives all money that comes from our scheme, and decides what is the best use for it. This could be food, tables and*

*chairs, stationary, building repairs, teachers wages, building of accommodation for students and teachers etc. The same is true of the Nunneries. All sponsorship donations are shared amongst all the nuns in the nunneries.*

Dear Allan, 7.8.17

It was such a glad to got your mail. Here it's me lobsang sherab, who is looking after migmar wangdu. Not only him there are three child whom myself and Geshe gepa(like master or teacher ) who is looking after them in every coner. Actually migmar wangdu was from very poor and remort area in the border of china and lhadak. Where there is no any facilities to do study and all. There life style is only nomads. So Geshe gepa brought him to sera to get education.

So now he is doing well and good here in sera, he reached class 3 this year. And having a good manner.

And I would like to thank you for helping him and sponsering him. Your help and money which you sent to him will not be waste as it was for his education, health, welfare. Your sponsering will be good help for him.

And I have explained about you to him and he was very much pleasure to hear that.

And hope you will continue to help him.

And you can write or contact him through this mail.

Here I have sent you some photo of our including migmar Wangdu and other two childern and myself. And also I have sent you the single photo of migmar wangdu. Hope you will like it. And he will be very happy to see your photo too if you can sent.

And last hope and wish you are doing well and good there. Hope to hear more from you.

With regard

Migmar wangdu

(From Allan B. sponsor)



Dear Allan 12.8.17

I have got you mail and I explain it to migmar wangdu also, he was very much happy to hear back. Thank you.

About that donation,you can sent it through the (tibetan sponser ship scheme supported by tibetan buddhist institute, founder is Ven.khensur kangurwa lobsang thupten rinpoche )or else you can directly contact me also. That is your preference.

don't worry about his studies as he is doing well and good in studies and good manner too.

By the way hope you have received the photos of migmar wangdu in previous mail.

With regard

Migmar wangdu

My self Lobsang sherab

(From Allan B. sponsor)

## Letters/Emails/Pics sent by sponsors from their sponsees - unedited



Dear Dad, How are you now a days? I wish you are fine and days are going happily....

Our class had started on 8th Aug, and today is the second day of my nursing college ...

Now I am in my room as the class was over and in our room we have six girls ,, four are Indian and there is only two Tibetan (me and my friend )...but there is a senior Tibetan sisters ,one sister is sis jampa's friend and she helped us so well ...

Dad how was sister Courtney and brother Lewis? I wish they both are also fine and doing good ...

Dad we are really grateful to you ...thank you so much for your full support and your love towards us

.

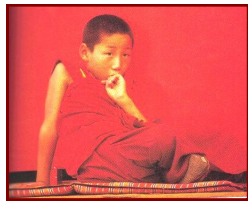
(from Allan P. Sponsor)

Footnote: Three of his 5 sponsees either call him 'dad' or sometimes 'granddad' which the sponsor finds quiet funny. Interesting how often the sponsees cling to relationships...in this case he also sees the sponsors children as his sister and brother. Carole



**If you have received a letter or email from your sponsee that you think may be suitable for publication in a future sponsorship newsletter, please forward it on to me via post or email. This could be part of a letter or the whole letter.  
Thank you.**

# Emergency Medical Fund



This fund has been set up to provide help with medical emergencies for monks at Sera Jey Monastery or lay Tibetans in the nearby camps. There are many ailments including sores that won't heal, ear and throat infections, tinea and coughs to name just a

few. Unfortunately, many will develop into more serious diseases, and often require operations, simply because basic medical supplies are not readily available. TB is still a major problem, as well as kidney and lung disease, cancer, septic sores and many more deadly ailments that are a daily hazard of living in poverty. Some operations are extremely primitive, and are performed under archaic conditions and with obsolete implements, leaving many suffering major deformities.

Donations are most welcome, and they are sent over with the distributions each year.

## PAYMENTS

**PAYMENTS CAN BE MADE AT 8 ROSS AVE or PO Box 1115  
FLINDERS PARK SA**

**DIRECT DEBITS: PLEASE ONLY USE YOUR SPONSOR ID AND THE NAME THAT YOU ARE SPONSORING UNDER ie 123.SMITHjohn**  
Any further information may result in your payment not being identified. See below

**UNIDENTIFIED DEPOSITS:** *we have a growing amount of deposits into the schemes account that we cannot identify. This means the your sponsee did not receive their contribution. If you want to direct debit, it is essential that we know who it is from, so please use the following description:*

***123.SMITHjohn***

## SPECIAL PURPOSE

### DONATIONS

You might like to send your sponsee more than the allotted \$10.00 a month (\$120 a year). This is often used for medical expenses or travel to other monasteries. If you do want to send extra, please let me know (email preferred). It is essential that you indicate when you make the payment, how much is your pledged contribution and how much is Special Purpose Donation (SPD). This SPD donation is sent with your sponsorship donation at the time of distribution.



## TIBETAN BUDDHIST INSTITUTE

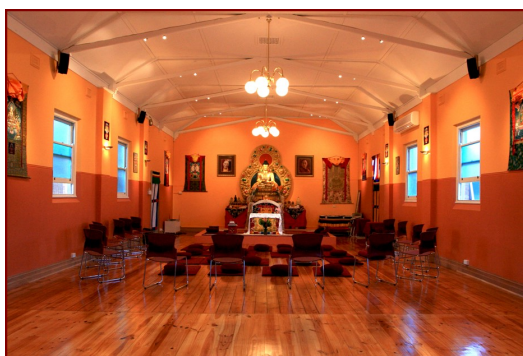


For the Cultivation of Universal Wellbeing, Mahayana Teachings and Meditation

The Late Kyabje Khensur Kangur Rinpoche, Founder and Patron of our sponsorship scheme, is also the Founder of Tibetan Buddhist Institute Inc. based in Adelaide, South Australia. Rinpoche was inspired by His Holiness 14th Dalai Lama to open a centre to preserve the Buddha-dharma, help students and the wider community of Adelaide to cultivate positive inner qualities such as wisdom and compassion, promote happiness, harmony and peace and to contribute to universal wellbeing.

This centre is thriving on the

Dharma, and enjoys a broad family of benefactors, members, students and friends. We have very much outgrown our humble centre at St.Marys, and have been settled at 8 Ross Avenue Flinders Park. For 15 years now.



Classes offered at TBI include Buddhist Teachings Tuesdays and Wednesdays by Geshe Jampa Gyaltsen, Buddhist Lama from Sera Jey Monastery in India. Meditation and Intro to Buddhism (Mondays); Meditation on Sundays and Deity Practices on Wednesdays. We also hold long-weekend teachings with Geshela during the year. We also have a Meditation Outreach group in Salisbury. Tibetan Buddhist Institute is very happy to be supporting Tibetan Sponsorship Schemes, and so pleased that the scheme has grown so

RECEIPTS emailed out in July and August every year and shows your contribution and how much was paid out for that period ie Jan to Jun or Jul to Dec each year.

If you receive a letter from the Tibetan you are sponsoring, and you think that a part/s of it would be suitable for inclusion in our newsletter for the following year, please send it to me.

I will welcome any suggestions for the newsletter and would love to hear from you especially if you have an item that you would like to put in. (no advertising please).

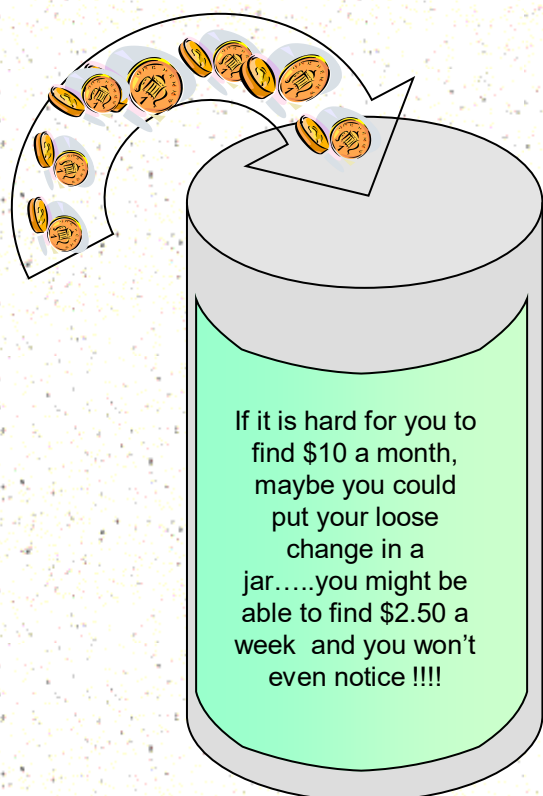
## **RUNNING COST DONATIONS**

**Paid ahead contributions are held in an interest bearing account. If you can be at least one distribution ahead, the interest helps to run the scheme. The scheme depends on this and donations to keep the scheme going. You are most welcome to send extra money with your contribution clearly stating it is for running cost donations.**

**To give you an idea of our costs:**

**Bank Transfer fees—\$240 min per year**

**Computer (in India and Australia), stationary, printing, internet. Costs of running the scheme in India (ie photos; computer, printer, paper internet etc) minimum of \$150 per year**



# **SPONSORING IN PERPETUITY with**

Perpetual 

Three thousand dollars will cover your sponsorship contributions in Perpetuity. This money is invested in Perpetual Investments and means you will never need to be

concerned that you have missed a payment and you are assured that your sponsee (or their substitute) will be sponsored in perpetuity. You will receive a receipt in July and January each year, showing your balance. We receive a dividend from Perpetual every three months. It is entered in your account with us, and the normal \$60.00 per distribution is sent to India or Tibet. The remaining amount stays in your account.

You can deposit any spare money into your account and save up until you reach \$3000.00. This has three advantages: 1. the target of A\$3,000 will be reached with little effort. 2. the scheme earns interest and this helps towards the running costs. 3. you won't ever be behind or late.

**Option 1.** For a mere \$3,000.00 your sponsee (or their substitute) can continue to receive their distributions in perpetuity. By **leaving this amount in your will**, upon your death, your estate would simply deposit \$3,000.00 into the schemes account so that the usual payments can continue to sponsor your recipient each distribution. The distributions from Perpetual come every three months and recorded on our database.

**Option 2.** Simply **send \$3,000.00 now**, which will be invested in Perpetual, the dividends of which will be used for your contributions. This means that you will not have to make any further payments.

**Option 3. Group Sponsorship:** Let us know that you are interested in Group Sponsorship in Perpetuity and we will add your amount to a group. You can send \$300.00 and be part of a group of 10 people; send \$600.00 and be part of a group of 5 people or send \$1000.00 and be a part of 3 people.

**Option 4.** You may like to ask a relative friend if they would like to take over your sponsorship upon your death, in which case it should be stated in your will.

***Sponsoring in Perpetuity ensures that your generosity continues long after you have passed away***



ཨ་མ་གྱི་  
ལོ་རྒྱུས་  
ལྟར་  
ཡིན་པའི་  
ལོ་རྒྱུས་  
ལྟར་  
ཡིན་པའི་  
ལོ་རྒྱུས་

**Our deepest sympathies to the families and friends of the sponsors who have passed away during the year.**

**PayPal®**

Making payments through Papal - especially convenient for overseas sponsors. Look for the Papal button on our website Payment Options page, to register with Paypal. PLEASE BE AWARE THAT PAYPAL CHARGE A 2.4% FEE. THIS MUST BE ADDED TO YOUR DEPOSIT SO THAT YOUR SPONSEE/S RECEIVES THE ENTIRE \$10.00 PER MONTH.

# THANK YOU !!!

## To the Scholarship Sponsors

I would like to profoundly thank with gratitude the current sponsors for their great kindness in donating to this project. Our Precious Rinpoche had a vision, and you, our Founding Sponsors of this Scholarship Fund, have taken the first steps along a path to bring alive the wishes and hopes of the Founder of Tibetan Buddhist Institute. My solemn undertaking to my beloved Rinpoche was to do my very best to have three new monks receiving the scholarship each year. So far we have 10 monks sponsored for the Geshe degree for 24 years.

*Former Abbot of Sera Je monastery, Holder of the transmission lineage of the Kangyur, considered widely as the greatest scholar of Abhidharma of his age and, perhaps, the foremost Vajrayogini practioner, Kyabje Khensur Kangyur Rinpoche was one of the very last great practitioners and scholars largely trained in Tibet. He was known at Sera Je as one of the "Three Greats". After meeting with Kyabje Khensur Kangyur Rinpoche in January 2013, before the beginning of the Lam Rim teachings at Sera Monastery, in front of approximately 10,000 monks and lay people His Holiness 14th Dalai Lama detailed longly Khensur Rinpoche's realizations.*

**Nawang Thubten (Tenzin)**

**Tibetan Sponsorship Scheme  
Administrator**

(See more on the scholarship on next page)



Tenzin greeting HH Dalai Lama at Tibetan Buddhist Institute in 2013

## TIBETAN SPONSORSHIP SCHEMES ENDORSED BY HIS HOLINESS THE 14TH DALAI LAMA



His Holiness is the spiritual leader of the Tibetan people. He frequently states that his life is guided by three major commitments: the promotion of basic human values or secular ethics in the interest of human happiness, the fostering of inter-religious harmony and the preservation of Tibet's Buddhist culture, a culture of peace and non-violence. The following is a letter he wrote to the scheme.

"I am happy to learn that the Tibetan Sponsorship Schemes which has been founded by Khensur Kangurwa Lobsang Thupten Rinpoche since 1989 has been engaged in supporting monk as well as lay students amongst our Tibetan communities in India. And since 2000, after Khensur Rinpoche made a visit to Tibet, the Gyalten Charity School has been set up and over 300 hundred students are being sponsored. Today their sponsorship for Tibetans both in exile and inside Tibet number over 1300 students.

I want to commend the wonderful work the Tibetan Sponsorship Schemes is doing and wish it continued success."

**THE DALAI LAMA (SIGNED)**



**Kyabje Khensur Rinpoche said many times  
"One good Lharampa Geshe is more beneficial  
in this world than building a golden Stupa"**

# LHARAM GESHE SCHOLARSHIP FUND

**January 2017 TEN monks sponsored for their study for the next 24 years**

## How the fund works

In order to achieve Kyabje Rinpoche's dying wish, we have established a Scholarship Fund for Lharam Geshe providing for their needs whilst studying. This is a wonderful opportunity for you to participate in Rinpoche's wish and be of immense benefit to future Geshe and therefore of vast benefit to the worldwide Buddhist community and the longevity of the Buddhadharma. Please find below the various options.

1. *Become a part of the Tibetan Sponsorship Scheme Lharam Geshe scholarship, to sponsor 24 years study. Thirty dollars a month will assist in the daily needs of the Geshe.*
2. *Monetary donations to the Scholarship.*
3. *Leave a bequest to the fund in your will.*
4. *Sponsoring in Perpetuity. We encourage everyone to consider this option, the advantages of which are:*
  - ◇ *for a one-off donation of A\$10,000.00, a Geshe can be supported during his studies.*
  - ◇ *it provides scholarships for Geshe in perpetuity.*
  - ◇ *This money is deposited into Perpetual Investments, and the interest is enough to support the Geshe's scholarship program.*
  - ◇ *Having achieved the Lharam Geshe Degree, the scholarship is then transferred to another promising student.*

It is imperative to keep producing Lharam Geshe, as they provide in-depth teachings of the Buddhadharma in the purest form. Geshe ensure that teachings will not degenerate and by their living example teach wisdom, compassion, patience, ethics, tolerance and therefore follow the example of Kyabje Rinpoche. It is possible for the Geshe to attain enlightenment for the sake of all sentient beings and they are ambassadors for world peace and harmony. They spread the dharma by teaching in international Buddhist centres.

The scholastic title of Geshe is awarded to pupils who successfully complete the entire course (the Geshe Study Program of Philosophy at Sera Jey Monastery), in the study of The Five Major Treatises, an achievement which spans 19 years. They must pass a yearly examination in their subject which includes memorization, written exams and debating. The title of Geshe is equivalent to MPhil (Master of Philosophy).

From the Geshe graduating pool, a very few merited pupils are selected for contending the title of Lharam Geshe, which involves 6 years of further study (revision and in-depth study of The Five Major Treatises). During this additional study there are six annual exams conducted by Gelukpa University, which is the centre of monastic universities of all monasteries affiliated to the Gelukpa tradition. The title of Lharam Geshe is equivalent to a PhD (Doctorate of Philosophy).

The monks with the most potential to achieve the goal of Lharam Geshe will be selected to receive

scholarships. These fortunate ones will receive a letter which will include an explanation of Kyabje Rinpoche's wish and his desire to help them achieve the Lharam Geshe degree.

The selection process includes students who:

- ◇ Study well and rank highly in their examinations.
- ◇ Have a compassionate, gentle manner.
- ◇ Are humble and ethical.
- ◇ Have a very strong commitment to achieve and be a serious practitioner.
- ◇ Have very strong Guru Devotion practice.
- ◇ Are in good health.

The recipients of the scholarship will be selected by senior Lharam Geshe, who are students of Rinpoche, reside and teach at Sera Jey Monastery. The 'wish' Scholarship for Lharam Geshe Study was successfully launched during the Commemoration of Kyabje Rinpoche on 31st May. Thank you to those who have made contributions and commitments to Rinpoche's vision for Geshe, "His dying Wish". The first Geshe taking part in this scholarship received assistance on 22nd January 2015, which is the anniversary of our Precious Teacher's passing into Paranirvana.

If you would like any further information, please don't hesitate to contact Nawang Thubten (Tenzin) 0418847016 or email [office@tibetansponsorship.org](mailto:office@tibetansponsorship.org)

## OVERDUE:

If you miss making a payment, your sponsees still signs for their contribution. It is disheartening for them if it is nil or less than the pledged amount.

Sponsorship can be a very rewarding endeavour - it takes effort, consciousness, generosity, responsibility and love.

## DUE DATE

Contributions must be received by us by

**1st June & 1st Dec**  
or anytime before

## Identification

If you are banking into our account PLEASE use your SID (Sponsor ID) and Name ONLY, otherwise your payment may not be identified and therefore not recorded. (Sponsor ID is on your receipt). THIS IS THE MOST IMPORTANT ASPECT OF ANY PAYMENTS MADE. Please don't write anything apart from SID & Name.

MONEY MATTERS

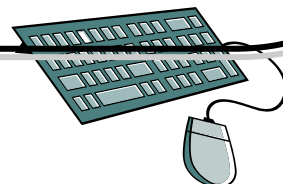


### Tibetan Sponsorship Schemes

Post Office Box 1115 or 8 Ross Ave., Flinders Park SA 5025 Australia

Please make cheques payable to Tibetan Sponsorship Schemes and post to

[office@tibetansponsorship.org](mailto:office@tibetansponsorship.org)  
[www.office@tibetansponsorship.org](http://www.office@tibetansponsorship.org)



For phone inquiries please ring  
**Carole Armstrong**



08 8351 8788  
0404 839 293

IT DOES INDEED !!

## Payment Options

### Netbank and Direct Debit:

THIS IS OUR PREFERRED PAYMENT OPTION

**BankSA Account number: 147865240**

**BSB: 105032** It is most important that you identify yourself with your SID SURNAME firstname

ie 123SMITHJohn

**Cheques/Money Orders:** Payable to Tibetan Sponsorship Scheme and mailed to Post Office Box 1115 Flinders Park SA 5025. Please include your name and SID.

**Cash at Tibetan Buddhist Institute:** Placed in an envelope which is on the counter in reception. Please write **YOUR** name and **SPONSOR ID**, place money inside, seal and put in donation box just inside the Gompa.

**Paypal:** This option incurs a 2.5% charge by Paypal which needs to be added to your deposit, plus any exchange rate applicable for overseas transactions. Otherwise your sponsee won't receive the full pledged



**PLEASE SEND ME YOUR  
LATEST EMAIL ADDRESS**

Your receipt has your contact details on it, and if incorrect, could you please let us know.

Emailing is a cost free way for the schemes administrator to contact you if need be. Please put us in your address book, then if you change your email address, its easy to let us know your new one. We no longer post receipts or newsletter because of the cost of postage.